

RECIPES FOR HEALTHY KIDS

The Cheshire Food and Nutrition Department participated in the Recipes for Healthy Kids Challenge. Three Teams submitted five recipes in all three categories. While we were not selected as one of the semi finalists we worked hard, had fun, learned a lot and ended up with nutritious recipes that have been well accepted by the students. You can see two of the recipes on the April Menu. You can go to our web site to see pictures of our teams in action and view all of the recipes. Try them out and let us know what you think about them.

Norton Team

Chef Diane Michaud

Pastry Chef working at Sweet Maria's in Waterbury

Madeleine Diker Food Service Director

Ann Smialek Community Member

Hannah Cremona and Clair Stover

Legumes: Rice Chicken Special

Grains: Rice Chicken Special

Vegetable: The Big Red

Highland Team

Chef Patricia D'Alessio

Personal Chef Chef Patty.com

Susan Zentek Kitchen Manager

Rebecca Frost and Katie Guerrette

Luke Escoto, Randi Cunningham, Shane Curtis

Jamie Procanik, Maya Galloza

Grains: Rainbow Rice

Vegetable: Rainbow Lasagna

Dodd Middle School

Chef Anthony Perugini

Chef Tony working at Watch Factory Restaurant*

*highlighted recently Connecticut Magazine March 2011 issue

Madeleine Diker Food Service Director

Alberta Landino Assistant Principal

Lisa Racska Guidance

Emma Purtell, Frankie Cienki, and Alex Kratzert

Legumes: 7 Bean Veggie Chili

<http://www.recipesforkidschallenge.com/submissions> to vote for Popular Choice!